

TIPS BEFORE YOUR SHOOT...

Here's a few hints & tips to help you on your way to a more enjoyable photoshoot, add a dollop of common sense and you'll end up with great looking pictures.

This one doesn't really belong in the tips section as it's more common sense. If you have a big night on the town planned it's probably better that you reschedule. You don't want turning up to your photoshoot after a late night, especially after a few drinks, best not to have bags under your eyes and that hungover look! Rest and hydration is the best preparation for any photo shoot.

1. "CLOTHES MAKETH THE MAN" – MARK TWAIN

What you wear will play its part in the message that you are conveying so choose wisely! Whatever you choose to wear make sure that it's clean and ironed in preparation for your shoot. Lint and wrinkle free. Generally it's best to avoid strong busy patterns, these are distracting. It's also best not to be too seasonal with your selection. Maybe try them on the day before to make sure they fit and that you feel good in them. You should also think about bringing a change of clothing.

2. GROOMING...

Hair, don't get a new style the day before the shoot, this can lead to tears. If you are getting your hair cut it's probably best to get that done a week or so before hand, gives it a chance to grow out a bit and look natural. Make sure that you have nothing stuck to your teeth and maybe bring a good lip balm as chapped lips are not a good look. Always check that your makeup looks fresh and bring powder as it helps the photographer with shine. Guys if you shave the morning of the shoot, go gently, as a shaving rash can be difficult to deal with. Also don't forget your hands and nails.

3. HUNGER PANGS...

If you are going to be involved in the shoot for a while it's maybe a good idea to have a lite snack beforehand (remember to check your teeth after) to keep your energy levels up and take a bottle / glass of water with you. Stay clear of chocolate or coloured items / drinks, etc. You don't want coloured lips, tongue, etc.

4. PHOTOSHOP PLEASE...

Contrary to popular belief, Photoshop doesn't have a magic button to fix all problems but with a bit of preparation a lot of time and expense can be avoided.

5. THE LAST ONE...

HAVE FUN!